



WELCOME

Welcome to GYMNASTIC WORLD NAPLES!

Who we are: We are an established; family owned and operated, successful, professional gymnastics organization since 2001. Gymnastic World Naples is dedicated to encouraging and providing any child a beginning in athletics and starting them on the road to a healthy lifestyle.

Our Mission: Our professional staff at Gymnastic World Naples strives to build self-confidence and a strong sense of self-worth in our students, by teaching them how to face challenges, overcome obstacles and achieve success at their own individual pace.

Our Services: Gymnastic World has it all for your child in our 10,000 square foot facility. We provide professional instruction and offer a full range of programs including Pre-School, Structured Gymnastics, Recreational classes, Open Gyms, Fun oriented Birthday Parties, Camps, and Highly Competitive Gymnastic and Cheerleading Team programs.

Thank you for your consideration and support of our services. We are honored to work with your children and look forward to enhancing your child's life for many years to come.

Sincerely,

Carol Mango

Gymnastic World Naples
2187 Trade Center Way
Naples, FL 34109
239-592-0608
www.gwnaples.com
customerservice@gwnaples.com

CAMPS

Summer & Holiday Camps

Beat the Heat at our 10,000 square foot air conditioned facility for a fun time. Camp is offered all summer, and most school holidays and vacations. Flexible schedule! Pick your days and weeks. Offered to ages 3 and up. Extended hours are available upon request.

Fun, Fitness, Arts & Crafts Every Day. Daily, Weekly & Entire Summer Rates - Family Discounts.

What We Offer:

- Fun Games
- Gymnastics Rotations
- Arts And Crafts
- Bounce House
- Trampolines
- Huge Obstacle Course
- 14 ft Slide
- 40 ft Tumble Trak



Please call for our newly reduced Camp prices!
We now offer discounts for additional children!

OPEN GYM

PRE-SCHOOL
AGES 5 & UNDER*
FRIDAY – 5:30 – 6:45
\$ 9 PER CHILD

*Older siblings up to age 8 are welcome to attend with the younger sibling but MUST be strictly supervised by the attending parent at all times. This is NOT a drop-off open gym.

PRE-SCHOOL/FAMILY
OPEN GYM
TUESDAY & WEDNESDAY
10:00 – 11:00 AM
1:00 – 2:00 PM

\$ 9 PER CHILD

AGES 5 & UP
FRIDAY – 7:00 – 9:00
\$ 10 PER CHILD

SPECIAL EVENTS
*Sign up for our emails to receive information on our 3 hour Special Event Nights

PARTIES

What better way to celebrate your child's birthday than here at our 10,000 square foot, fully air conditioned gymnastics facility? It's easy and it's fun! We'll Entertain the kids; you enjoy the party!

We Provide:

A Fully Equipped Gymnastics Facility Including:
Tables, Chairs and one birthday party instructor.

You Provide:

Children, Children and more Children

- Birthday Cake
- Paper Goods & Beverages
- Light Clean-up after the party

There will be a 15 minute break during each party. The party giver is responsible for providing refreshments. Parties are scheduled for Saturday and Sundays. Week-day parties are available upon request. Parties are to begin and end promptly to be fair to waiting groups. You may arrive 15 minutes early to set up. A \$100 non-refundable/non-transferable deposit is required to secure the party date within 24 hours from the time the party is booked. Members who are currently enrolled in classes and whose tuition and registration are paid in full, will receive a \$25 discount off of the regular party rate. Please call the front desk for reservations and more details.

	1 ½ Hour Party	2 Hour Party
Price	Please refer to our birthday party pricing sheet for current prices	
# of Children	Includes 10	Includes 10
Each extra child	\$5 per child over 10 children	\$5 per child over 10 Children
Each extra Instructor	\$25	\$35

Additional Instructor Guidelines:

- 1- 10 Children - One instructor (included in price of party)
- 11- 20 Children - Two instructors required
- 21- 30 Children – Three instructors required
- 31 - 40 Children – Four instructors required
- 41 - 50 Children – Five instructors required

*Larger/Longer Parties are available. Please speak to our customer service representative for more information.

I Just Flipped Over My Party At ... **Gymnastic World Naples**
2187 Trade Center Way, Naples, FL
(239) 592-0608
www.GWNAPLES.COM



CLASSES

Our Class Program: We take extra time to know your child, learn what their goals are, and pride ourselves on increasing their confidence levels to help each student achieve these goals. Students have access to all the different equipment the gym offers, including the Trampoline, 40 foot Tumble Trak, Oversized Spring Floor, Balance Beams, Uneven Bars and numerous Pit and Floor Mats to assist in their learning experience. There are strict rules about safety and constant supervision by our coaches. **Gymnastics Classes offer low student to Coach ratios.**

BENEFITS OF GYMNASTICS

- Develops coordination, strength and flexibility
- Introduces social interaction
- Gaining self-esteem & confidence
- Learning the fundamentals of movement
- Encourages healthy exercise habits
- Enhances skill training for other sports

The first Gymnastics class at Gymnastic World Naples is a **TRIAL** class. You pay for just one class when you arrive at the gym. If you choose to sign up after the Trial, you will need to pay for registration and the remaining classes left in the session. **Payment secures your spot in the class. You must schedule Trials by calling 239-592-0608.**

Discounts available for multiple children. 2nd child gets 10% discount, 3rd child gets 20% discount.

Pre-School Gymnastics -Children under 3 years old are placed in a Tot-N-Me class, where the parent accompanies the child through their activities. At the age of 3, they should be able to attend class, independent of their parent. All classes are structured and geared to keep students constantly moving.

School Age Structured Gymnastics Classes - Beginner students start in age related classes. To ensure your child is constantly challenged & motivated, they will advance to the next level when they have achieved specific skill criteria. Your coach will notify you when your child is ready to be promoted to the next level.

If your child prefers a more fun type class, with less emphasis on form, recreational type classes are available.

Tumbling - Our Tumbling program ranges from beginner to advanced. Whether your child is a first time tumbler with desired skills, such as round-offs, back handsprings or is a Varsity Cheerleader striving for Layouts, Fulls, Doubles, etc., our coaching staff has the skill and experience necessary to get your child where they want to be. All classes are structured and include stretch, warm up and tumbling.

Class schedules are available on our website at www.gwnaples.com/Class_Schedule.html

COMPETITIVE TEAMS

GYMNASTICS COMPETITIVE TEAMS

Gymnastic World Naples is home to one of the most highly respected and well recognized competitive gymnastic team programs in Southwest Florida. We are affiliated with USA Gymnastics (USAG), which is the governing body of gymnastics.

We pride ourselves in our close attention to detail and impeccable form in the routines we present at competitions. We hold our students to high standards of performance levels, because we believe that each student should always strive to compete at their highest level of potential. Our current competitive teams practice between 6 and 16 hours a week, and their hard work is rewarded by the multiple trophies, ribbons, and banners they bring back from each competition. All levels and competitive teams are by invitation and the criterion is based on physical, mental, and behavioral evaluations.

Level 1

In Level 1 students develop the key essential building blocks for their future gymnastic careers. This level is non-competition based. Promotion through this level is determined by the mastering of specific skill sets on each event. The goal of Level 1 is to gain strength and flexibility; body awareness; knowledge and understanding of basic skills on each event; while still having fun and making friends in the process!

Level 2 - 5

Level 2 is the first level at which your gymnast will be entered in to competition, if they desire to compete. Competitive gymnasts will perform routines on the Floor, Uneven Bars, Balance Beam and Vault. Levels 2 - 5 are Compulsory Levels. At these levels, all gymnasts are taught the same skills and routines designated by the USAG Compulsory Handbook. Because all gymnasts at each level will be presenting the mandated identical routines at competition, it is the close attention to detail and form that our team coaches emphasize here at Gymnastic World Naples that makes our gymnasts stand out and win awards!

Level 6 & Up

Once a student is promoted to Level 6 they enter into the next category of gymnastics known as "Optionals". While at each level certain skills are required, the routines themselves are put together and taught by their coaches. In these levels, gymnasts have the ability to let their personalities shine a little more in their routines with the new freedom that comes with Optionals. While achieving the necessary skills at these advanced levels is very difficult, with a lot of hard work and dedication, gymnasts may eventually work towards obtaining a College Scholarship!

CHEERLEADING COMPETITIVE TEAMS

PURPOSE

The purpose of the Gym World All-Stars organization is to teach the sport of competitive cheerleading in a positive, safe and effective manner. In doing so, we strive to build self-confidence, self-discipline and self-esteem in all Gymnastic World athletes. Our goal is to provide an affordable, character-building, all-star cheerleading program that will provide an opportunity for every student to experience an atmosphere of positive well-being and success. Gymnastic World has been serving the public of SW Florida for 35 years. Gymnastic World of Naples has been open since 2001. We value honesty, respect, persistence, determination, integrity, dedication and heart. We promote all athletes to develop as individuals and excel as a team. We instill in our athletes the challenge of competition, the joy of victory, working through frustrations and the importance of commitment. We will work with the cheerleaders to strengthen and teach proper motion technique, jumps, stunting and tumbling and to promote the importance of teamwork.

We invite all boys and girls ages 3 & up to come and join our family. We are always looking to add dedicated, hardworking, enthusiastic future cheerleaders to our squad.

Should you have any questions, please do not hesitate to contact us at 239-592-0608 or via email at gymworld_elitecheer@aol.com.